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California Association of Physician Groups and iHealth Team Up

*The Alliance will Bring a Personal Health Record to California Patients
From Their Own Doctor*

Los Angeles, Calif., November 8, 2005 —The California Association of Physician Groups (CAPG) today announced a major new initiative to deliver interactive personal health records to Californians, from their own doctors, as part of the iHealthRecords service. Besides the online personal health record, the iHealth secure suite of online services can facilitate the sharing of the patient's record with physicians, family members, or other appropriate caregivers in case of an emergency. The service also includes automated education programs that are specific to the patient's conditions and medications, patient-physician secure email and same day FDA medication warnings and recalls.

"We are pleased to be bringing this important new service to our CAPG members," said Donald Crane, president and CEO of CAPG. "Several of our CAPG members have already begun rolling out iHealth to their patients and it is clear that this service will help support our organization's goal of improving healthcare for Californians. "

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CAPG member Brian Roach, CEO of Mills Peninsula Medical Group, referred to iHealth as “one of the most important healthcare IT initiatives of the past several years. iHealth quickly brings the patient into the e-health process and makes them active participants.” Gloria Austin, CAPG member and CEO of Brown & Toland Medical Group added, “The iHealth service is of particular value to patients and the family members who care for them. The service increases in value when integrated with the physician’s emergency medical records.”

“The CAPG announcement regarding iHealth is another important step in bringing a standards-based personal health record to all of California.” commented Molly Coye, MD, Chairman of the California Regional Health Information Organization (CalRHIO), a statewide effort to support the use of information technology and the creation of a secure health information data exchange system that will improve the safety, quality, and efficiency of healthcare for all Californians.

The iHealth service is provided via the Internet on a network operated by Medem, the premier patient-physician communication network founded by the AMA and US Medical Societies. According to an October 2005 Manhattan research study, tens of millions of Americans want a personal health record, while other national surveys confirm that consumers want these services from their own doctors. “Our surveys confirm that consumers want to have better access to their family’s health information via personal health records provided by their own doctors, particularly in cases of emergencies,” noted Nancy Dickey, MD, Chairman of the not-for-profit iHealth Alliance that oversees security, privacy, and data use on the iHealth network.

About CAPG

The California Association of Physician Groups (CAPG) is a professional association committed to improving health care for Californians. Based in Los Angeles and Sacramento, California, CAPG membership includes over 150 of California's leading physician groups representing more than 40,000 physicians who provide health care services to approximately 13 million Californians. For more information about CAPG, please visit www.capg.org.

About iHealth

iHealth services are provided to patients via a hospital or physician practice web site and include secure personal health records, patient-physician email and automated and customized patient education with clinical content and support from US Medical Societies, government agencies and other national healthcare institutions. The iHealthRecords integrates with other important sources of information including insurance data and physician or hospital electronic medical records to assist patients in keeping their health record current. Access to iHealthRecords is controlled by the patient.

About Medem, Inc.

Medem has established the nation's first secure, interactive online personal health record, the iHealthRecord. Based in San Francisco, Medem incorporated in 1999 and was founded by a group of the nation's leading medical societies, including: the American Academy of Ophthalmology; the American Academy of Pediatrics; the American College of Allergy, Asthma and Immunology; the American College of Obstetricians and Gynecologists; the American Medical Association; the American Psychiatric Association; and the American Society of Plastic Surgeons. There are currently 48 societies partnering with Medem whose combined membership represents more than two-thirds of physicians currently practicing in the United States. For more information about Medem or iHealth Services, please visit www.medem.com or www.ihealthrecord.org.

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