

## My Birth Matters: Videos

**Doctor/Patient Discussion:** Mary, who is pregnant, has a discussion with her doctor regarding her concerns about C-sections. She learns that C-sections are sometimes performed more often than they are needed. She also learns steps she can take to avoid having a C-section unless it's absolutely necessary. <https://www.youtube.com/watch?v=Ls6ltHptYZQ> (2 minutes, 33 seconds)

