

My Birth Matters: Videos

Labor & Delivery Nurse Explains C-Sections: Lucy, a labor and delivery nurse, explains that your chances of having a C-section may be different depending upon the hospital you choose. She encourages expectant mothers to take steps early and talk with your doctor and care team about your birth preferences. <https://www.youtube.com/watch?v=zHzKIK2aWwE> (1 minute, 25 seconds)

